

DAY	FEAST	READINGS	TIME
Mon 6	14 th Week of Ordinary Time Psalter Week II St Maria Goretti	Hos 2: 16-18, 21-22; Mt 9: 18-26.	5:30 PM
Tues 7	14 th Week of Ordinary Time Psalter Week II	Hos 8: 4-7, 11-13; Mt 9: 32-38.	5:30 PM
Wed 8	14 th Week of Ordinary Time Psalter Week II	Hos 10: 1-3, 7-8, 12; Mt 10: 1-7.	5:30 PM
Thu 9	14 th Week of Ordinary Time Psalter Week II SS. Augustine Zhao Rong & Companions	Hos 11: 1-4, 8-9; Mt 10: 7-15.	5:30 PM
Fri 10	14 th Week of Ordinary Time Psalter Week II	Hos 14: 2-10; Mt 10: 16-23.	12:15 PM
Sat 11	14 th Week of Ordinary Time Psalter Week II St Benedict	Is 6: 1-8; Mt 10: 24-33.	5:30 PM
Sun 12	15 TH SUNDAY OF ORDINARY TIME Psalter Week III	Is 55: 10-11; Rom 8: 18-23; Mt 13: 1-23 (or 13: 1-9).	8:00 AM 5:30 PM



Church of Our Lady of Immaculate Conception

NEWSLETTER

Vicariate website: rcvbd.com



Issue 2026/27

For Private Circulation Only

5th July 2026

14TH SUNDAY OF ORDINARY TIME, YEAR A

Reading I: Zechariah 9: 9-10;
Responsorial Psalm: 144: 1-2, 8-11, 13-14;
Reading II: Romans 8: 9, 11-13;
Gospel: Matthew 11: 25-30.



Revised Roman Missal: 527 (Bahasa 1176)

REFLECTION: Come To Me And I Will Give You Rest

In the first reading, the prophet Zechariah urges us to “*Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem! Look, your king is coming to you...*” These words of the prophet call us to rejoice because God Himself approaches us. He is neither distant nor indifferent; instead, He consistently seeks to draw near, offering peace to our weary and restless hearts.

In today’s Gospel, Jesus echoes the same invitation: “*Come to me, all you who labour and are overburdened, and I will give you rest.*” His rest begins when we stop pretending that we can manage life on our own strength. It happens when we stop striving to be “enough” for others and for society’s expectations, and when we accept the limits of our control over things we cannot change, such as the future, other people, and the outcomes of our efforts. Jesus promises that He will be with us and help bear the weight of our burdens. Today, let us turn to Jesus and receive the rest that we are truly searching for.

Reflective question:

What burden do I want to bring to Jesus, and what rest do I most desire today?

BIBLE MONTH- JULY 2026

Pr PROVERBS 31	Ec ECCLESIASTES 12	So SONS OF SOLOMON 6	Wis WISDOM 10	Sir SIRACH 51	Is ISAIAH 66	Je JEREMIAH 52	Lm LAMENTATIONS 5	Ba BARUCH 6	Ek EZEKIEL 48	Dn DANIEL 14
Jl JOEL 4	Am AMOS 9	Ob OBADIAH 1	Jh JONAH 4	Mi MICAH 7	Na NAHUM 3	Hk HABAKKUK 3	Zp ZEPHANIAH 3	Hg HAGGAI 2	Zc ZECHARIAH 14	Mal MALACHI 3
1 Co 1 CORINTHIANS	2 Co 2 CORINTHIANS	Ga GALATIANS	Ep EPHESIANS	Pp PHILIPPIANS	Cl COLOSSIANS	1 Th 1 THESSALONIANS	2 Th 2 THESSALONIANS			

How much do you know the Word of God?

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Second Collection

The Second Collection today is for the Pastoral Visit Fund, which helps cover the cost of inviting guest priests, speakers, and visitors from overseas to our parish.

Peter Pence Collection

Thank you for your generous support of last week's Peter's Pence Collection. Our parish collected \$1,422. Together with contributions from Catholics around the world, this collection helps support Pope Leo XIV in his ministry to the Universal Church, including helping those in need and supporting the work of the Holy See.

COOL Fitness (8 & 22 July)

Fitness sessions promoting a healthy and active lifestyle will be held on Wednesday, 8 & 22 July, from 7:00–8:30PM at the Parish Hall. Everyone is welcome to join. We hope these sessions can become a regular activity in COOL, subject to sufficient interest and participation.

Breakfast Sales (12 July)

Breakfast Sales will be held next Sunday in the Parish Hall immediately after the morning Mass. Do come and enjoy the food prepared by the groups. Your participation is appreciated.

Mass time change (15 July)

Please take note that the Mass on Wednesday, 15 July, which is a public holiday, will be celebrated at 8:00AM.

Eucharistic Ministers Recollection (15 July)

All Extraordinary Ministers of Holy Communion are reminded to attend the Recollection on Wednesday, 15th July, from 9:00 AM to 3:00 PM. The theme for this year's recollection is "Remain in Me" (John 15:4).

Novena to Saint Anne (17th – 25th July)

The Novena to Saint Anne will be prayed daily from 17 to 25 July. On weekdays, it will be recited after the 5:30PM Mass. On Fridays, the novena will be incorporated into the 12:45PM Holy Hour. On Sundays, it will be recited after the 5:30PM Mass.

Combined Praise & Worship (18 July)

Join us for an uplifting evening of Praise & Worship in different languages on Saturday, 18 July at 7:30PM in the Parish Hall. The evening will conclude with a potluck fellowship. Kindly bring a dish to share.

"I Will Give You Rest"

Today Jesus tells us, "Come to Me, all you who labour and are burdened and I will give you rest." God understands that we get tired and worn out. He wants us to come to Him when we need to rest. He refreshes our souls and gives us the energy and strength to carry on.



Jesus, I'm so tired! Please help me!

Do you ever feel like quitting when a job gets hard? Maybe you get tired of school or helping your Mom or Dad. When you feel like giving up it's time to start praying! Your work might seem easier when you pray, but even if it still seems hard you will be happier knowing that you are doing it for God.

Jesus tells us to take His yoke on our shoulders. A yoke is a sort of bar that is used to help carry heavy things. Jesus is saying that we should do His work. For some people that means preaching like He did, or healing the sick, or being a priest, but for most people it means just doing everything we have to do out of love for God.



Wow! This all seems easier now!